

# Fold an origami dress menu

Follow these origami steps to fold your wedding menu into a pretty dress shape.

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You will need (for one dress)

- 21 x 17cm rectangle of paper of your choice (with the menu printed in the middle)



1 Place the paper on your work surface with the wrong side facing upwards. Fold in half lengthwise and make a firm crease. Open then fold the right edge over to the centre fold line. Make a crease.



2 Fold the left edge of the paper over to the middle crease line to meet the right edge. Make a fold.



3 Unfold the paper back to a rectangle shape – it should now be divided into four evenly spaced rectangular sections. Place the paper on your work surface with the right side facing upwards.



4 Take hold of the left fold, pull this up to the middle crease line and fold the paper down. Take care to line up the two crease lines evenly before making your new fold.



5 Repeat this process with the right section: take hold of the fold and pull it up to the middle crease line and fold the paper down.



6 When you turn your paper over, you will now see a middle pleat. Turn your paper so the pleat runs vertically on your work surface.



7 Take hold of the bottom edge of your paper and fold this over to about 15mm from the top. Make sure you make a firm crease line at the bottom.



8 Take hold of the top section of paper and fold down to make a pleat about 15mm away from the bottom fold.



Turn the paper over so the front is now facing upwards on your work surface. Fold the centre top corners down a little to make a tiny triangular fold to the left and right, as shown, to resemble a collar on a shirt.



Turn your paper over so the back is facing upwards. Pull gently on the middle of the top edge of your paper and fold it backwards, allowing the collar to flip back so that a 'V' appears at the top. Press both sides flat.



Turn the paper over again to adjust the 'waistband' fold to make the front pleat. Pull up the right edge of the waistband a little. Make a crease along the waistband, which should now be angled slightly upwards instead of straight.



Take hold of the centre bottom of the dress on the right-hand fold line and pull this up a little. Make a new fold and you should now have a pleat on the right side of the origami dress. Repeat this process on the left side.



Turn the paper dress over so the back is facing upwards. Pull the right edge near the top over to the middle of the dress (the midpoint of the V-neck). Make a crease on the top part only, above the waistband.



Still working on the right-hand side of the dress, fold down the 'skirt' edge at an angle from the waist to the hem. Repeat both folds for the left-hand side.



Take hold of the top flaps of paper (the corners that are visible at the V-neck) and fold them back to make a pair of short sleeves.



The dress is now complete. Decorate with ribbons or trimmings, if you prefer.



**TIP**  
The dress can be made without sleeves for a different look, or you can attach straps to the dress, as in the photo on [page 85](#).